# CURRICULUM "NUTRITION AND DIETETICS" 180 AND 240 ECTS

## I. SEMESTER

Serial number	Subject	ECTS
1.	Microbiology and Parasitology	6
2.	Chemistry	6
3.	Introduction to Medicine	4
4.	Health protection systems	6
5.	General Principles of Healthcare	8

## II. SEMESTER

Serial number	Subject	ECTS
1.	Anatomy	7
2.	Histology	7
3.	Phisiology	7
4.	Medical Psychology	3
5.	Health ecology	6

### **III. SEMESTER**

Serial number	Subject	ECTS
1.	Medical Statistics	6
2.	Epidemiology and environmental health	8
3.	Medical Dietetics	6
4.	Medical Informatics	6
5.	Health promotion and health education	4

## IV. SEMESTER

Serial number	Subject	ECTS
1.	Pathology	6
2.	Pathophysiology	7
3.	Pharmacology	7
4.	Promotion of Health	5
5.	Healthcare Organization	5

### **V. SEMESTER**

Serial number	Subject	ECTS
1.	Basics of nutrition	6
2.	Food biochemistry	6
3.	Food microbiology	6
4.	Food technologies	6
5.	Hygiene and food safety	6

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### VI. SEMESTER (180 ECTS)

Serial number	Subject	ECTS
1.	Metabolism and energetics	6
2.	Cultural food patterns and global nutrition	6
3.	Nutrition through life stages	6
4.	Diet therapy	6
5.	Optional Subjects (1): - Communication skills - English Language	3
6.	Final paper	3

### VI. SEMESTER (240 ECTS)

Serial number	Subject	ECTS
1	Matchelium and encuration	(
1.	Metabolism and energetics	0
2.	Cultural food patterns and global nutrition	6
3.	Nutrition through life stages	6
4.	Diet therapy	6
5.	Nutritional status assessment	3
6.	Optional Subjects (1):	3
	- Communication skills	
	- English Language	

### VII. SEMESTER

Serial number	Subject	ECTS
1.	Food policies and regulations	6
2.	Nutrition in sports	6
3.	Nutritional genetics	6
4.	Nutritional epidemiology and public health	6
5.	Innovation and AI in nutrition	6

#### **VIII. SEMESTER**

Serial number	Subject	ECTS
1.	Research methods in nutrition	6
2.	Ethics and nutrition	4
3.	Professional practice	8
4.	Final paper	12